# Philip Wayland Armour, M.MFT

Licensed Professional Counselor Licensed Marriage and Family Therapist 409 North Fredonia, Suite 105 Longview, Texas 75601 (903) 753-2117 (W) (903) 984-5348 (Fax)

Career Objective:

To maintain a successful private practice in the community as a Licensed Marriage and Family Therapist and Licensed Professional Counselor.

License:

License Marriage and Family Therapist # 004855-0029839 License Professional Counselor # 14708

## Education:

1994-1996	Abilene Christian University
	Abilene, Texas 79699
	Master's Marriage and Family Therapy
	GPA: 3.50

1989-1994 East Texas State University (now TX A&M @ Commerce) Commerce, Texas 75429 B.S., Major: Psychology GPA: 3.75

## Experience:

4/1/1998 – present **Private Practice** 

409 North Fredonia; Suite 105 Longview, Texas 75601 (903) 753-2117

May 1998, Began a challenging private practice in Longview to provide comprehensive services to families and individuals. Several exciting aspects of self-employment include: ability to expand my skills in areas of anger management, play therapy, sexual abuse, effective relaxation training, positive parenting, group therapy; capacity to collaborate with other therapists, psychiatrist, and community agencies; and as owner and sole proprietor of my office, I maximized my management skills.

## 9/1/ 99-2/1/01 Intervention Specialist

Longview Wellness Clinic P.O. Box 3647 Longview, Texas 75606 (903) 758-2610

Working two days a week at the Longview Wellness Clinic to screen, assess, and refer into drug/alcohol treatment pregnant women who test positive for drug use. Utilizing the SASSI, urine drug screenings, and detailed interviews all combine to effectively identify at risk mothers. Denial and resistance to treatment has required that I use a variety of techniques to facilitate change.

#### 8/15/98-2/15/99 On-Call PRN Therapist

Meadow Pines Hospital 22 Bermuda Lane Longview, Texas 75605 (903) 663-4411 Employed primarily on the adult-psychiatric unit until the hospital closed it down. Working as an on-call therapist required both flexibility and crisis intervention skills. Effectively ran process groups on both the adult unit and adolescent unit. Coached clients to develop adaptive skills to stabilize crisis issues and referral to community resources.

#### 9/10/96-2/28/98 Therapist/Caseworker

Buckner Children & Family Services 110 E. Cotton Longview, Texas 75601 (903) 757-9383 Individual and family therapy with children, adolescents, and adults. Assisted families in developing individualized service plans and meeting measurable behavioral goals. Expanded my diagnostic/ assessment skills and writing intake evaluations.

#### 8/20/94 - 8/30/96 Clinical Intern

Marriage and Family Institute ACU Station Box 8444 Abilene, Texas 79699 (915) 674-3724 Achieved over 500 hours of direct client contact with individuals, couples, and families and 100 hours of supervision. Proficient at interpreting psychometric tests, assessment, and diagnosing using the DSM IV.

## 10/30/95-8/10/96 Child Therapist- volunteer for clinical hours

*YWCA's y -Care Program, Abilene, Texas* Developed a comprehensive treatment approach with adolescents using play therapy as a tool to facilitate change. Coordinated therapy with the school teachers, Y -Care staff, and parents.

## 10/15/95-8/30/96 Crisis Counselor

Crime Victim Crisis Center, Abilene P.O. Box 122 Abilene, Texas 79604 (915) 677-7895 Gained over 46 hours of training to provide phone assistance and in person peer support to victims of rape, incest, and survivors of homicide victims at the Hendrick Medical Trauma Center, and Abilene Police Department.

## 5/20/96-8/20/96 Special Programs Coordinator

In charge of leading the Smart Moves Program, designed to prevent drug use by adolescents, most of whom came from at risk families. Used role play, psychoeducational material, and peer leaders to reinforce healthy decision making.

#### Group Facilitator/ Presenter:

2/10/04-5/19/04 The Sacred Romance Group

Twelve week group for both men and women to explore how emotional healing can take place as individuals are loved by GOD. The group tackled issues of GOD being the Lover of our souls and how to handle pain from the past.

#### 1/15/ 01-5/15/01- Making Peace with Your Past

Twelve week group for women at the Kikpatric Rehab Center utilizing the workbook "Making Peace with Your Past" by Tim Sledge.

#### 1/20/00-5/20/00 Making Peace with Your Past

Twelve week group for men utilizing the workbook "Making Peace with Your Past" by Tim Sledge.

## 9/15/99-11/17/99 Let's Talk

Ten week marital support group at Church on the Rock which coached couples to strengthen communication skills.

### 1/15/98-9/15/99 It Takes Two

Monthly meetings at Church on the Rock to promote healthy marriages.

10/11/98	Stress Management for the Work Place Presented educational information on relaxation techniques and stress management at the City of Longview Employee Appreciation Day.
2/17/98	<i>Crisis Management: Where to turn when your world falls apart.</i> Facilitated psychoeducational groups at Dangerfield High School during their mental health day. Workshop targeted at risk youth.
1/27/96	Just Do It! Texas Association for Marriage & Family Therapy State Conference Implemented a research design to evaluate the therapeutic effectiveness of activities in therapy and creatively presented it at conference.
Community In	nvolvement & Professional Associations
2000-2002	American Association of Christian Counselors
1998-2002	Longview Advocates of Mothers and Babies
19982001	Gregg County Resource Council
1998-2001	Longview Non-Profit Coalition

1996-present American Association of Marriage and Family Therapy

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#### References:

Joseph Mason MA Licensed Professional Counselor # 10660 Licensed Marriage & Family Therapist # 001084 Licensed Chemical Dependency Counselor # 866 813 Duncan Street Longview, Texas 75604 (903) 295-7080

Connie Brannon Kitchen MA Licensed Professional Counselor # 15612 409 North Fredonia, Suite 105 Longview, Texas 75601 (903) 235-4779

Robyn Mehrens, LMSW 1401 Cypress Longview, Texas 75604 (903) 720-8962